## MANUAL HANDLING & ERGONOMICS





This training course is designed for all workers

## COURSE OUTLINE

Participants will learn safe lifting principles and how to use the risk management model in regards to manual handling tasks. The course provides a practical forum to develop and consolidate new and existing skills relating to Manual Handling. Participants will be able to identify hazardous manual tasks and apply risk management principals to minimize the risk of injury

## COURSE TIMING & COST

2 Hour training course \$550 + Notes and GST

4 Hour Training Course \$1100 + Notes and GST Maximum of 16 persons per session \*travel costs may apply outside of the Gold Coast

## DRA SAFETY SPECIALISTS

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